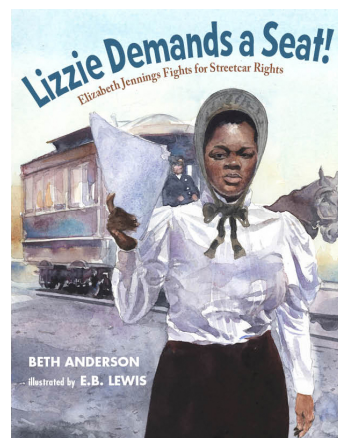


Path of Inspiration

Group activity inspired by *Lizzie Demands a Seat!*



After reading the book, examine Elizabeth Jennings' "path of inspiration." Then have students create a path of their own.



What does it mean to inspire someone?

- To make someone want to do something important
- To give strength or courage to do something difficult
- To be an example for others
- To make someone want to be a better person

Discuss with specific examples what it means to inspire others. Examples might include people from history such as Elizabeth Jennings, Martin Luther King Jr., Rosa Parks, Helen Keller, Susan B. Anthony, Jackie Robinson; and also people today such as Malala Yousafzai, and Greta Thunberg.

Introduce the idea of "following in someone's footsteps."

Who inspired Elizabeth Jennings?

Discuss how she might have been inspired by each of these people or groups:

- Her grandfather
- Her parents, who worked to end slavery and gain equal rights in the north for African Americans.
- Leaders like Frederick Douglass
- Her community
- Her students

Who did Elizabeth Jennings inspire?

Use examples from the story to discuss how her inspirations passed from one person to the next and into the future.

- Other African Americans who pushed for the right to ride
- Her community
- Her students



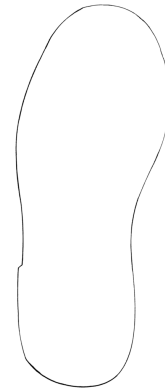
Connect to Students' Lives

Who inspires You?

How does this person inspire you? What did/do they do to inspire you?

Getting at the “how” and “why” encourages students to think more deeply.

- Put one foot on a piece of paper.
- Trace the outline of your shoe.
- Cut it out.
- On the footprint, write (or draw) to tell who inspires you.



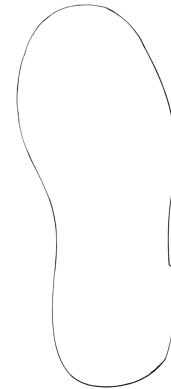
Provide a frame for students if needed.

“_____ inspires me because _____.”

Who would you like to inspire?

How do you want to inspire others now or in the future? What would you like to do to inspire others?

- Put your other foot on a piece of paper.
- Trace the outline of your shoe.
- Cut it out.
- On the footprint, write (or draw) to tell who you would like to inspire. And how you would inspire others.



Provide a frame for students if needed.

“I want to inspire _____ by _____.”

When students are finished with both footprints

- Share your ideas with the group.
- Then make a Path of Inspiration with your footsteps.
- Put your path on the wall or along the edge of a hallway to inspire others!



Please share a photo of your Path of Inspiration online and with the author at beth@bethandersonwriter.com.